



BMCC Center for Continuing Education & Workforce Development



Spring 2011

Navigating Change & Uncertainty

With the Ancient Chinese *Classic of Change* (the *I Ching*)

Misha Goussev, PhD
goussevm@yahoo.com

Change & Uncertainty Is Part of Life



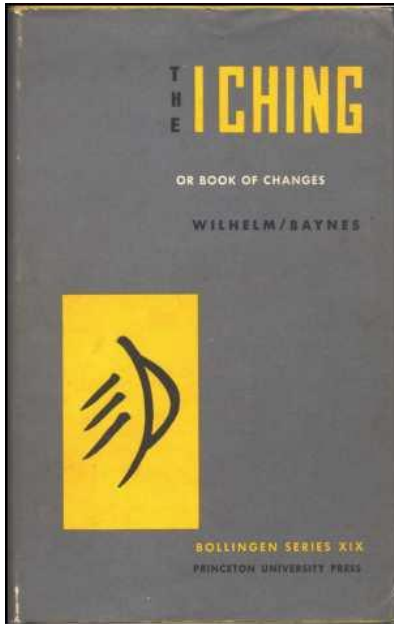
- Change and uncertainty about what it brings have been unavoidable aspects of life since the beginning of time.
- Today, despite advances in science and technology, the ability to navigate change and deal with uncertainty remains as much an art as it is a science.
- Change is inevitable and comes in waves: the goal is to ride the waves of change rather than being swept by them.
- Change is cyclical: over the millennia, the ancient Chinese have observed and documented a finite number of recurrent patterns of change in what is now known as *the Book of Changes* (the *I Ching*).
- Change brings new opportunities and with them new choices and decisions to be made in order to realize them.
- **The *I Ching* is a tool for Navigating Change and Uncertainty.**

About the *I Ching*

周易

The *I Ching*

The Book of Changes = the Book of Wisdom



The *I Ching*, or the *Book of Changes*, is one of the first efforts of the human mind to place itself within the universe. It has exerted a living influence in China for three thousand years, and interest in it has been spreading in the West.

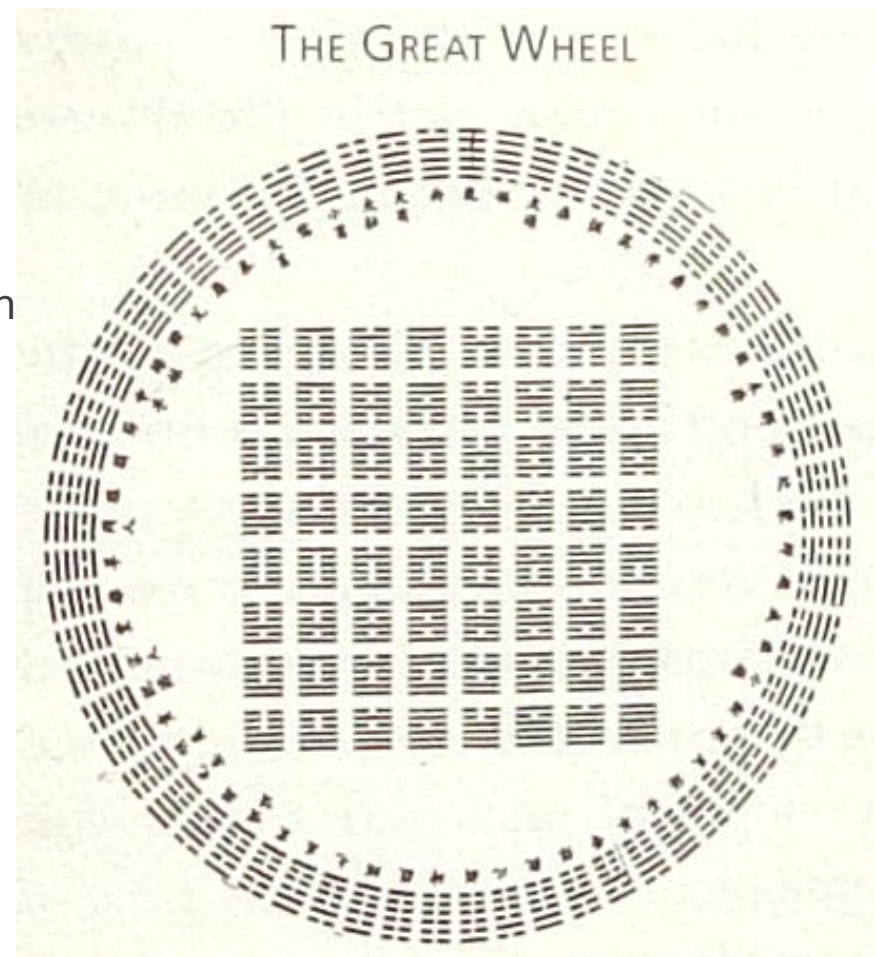
First set down in the dawn of history as a book of oracles, the *Book of Changes* deepened in meaning when ethical values were attached to the oracular pronouncements; it became a book of wisdom, eventually one of the Five Classics of Confucianism, and provided the common source for both Confucianist and Taoist philosophy.

(from the introduction to Wilhelm/Baynes translation of the *I Ching*)

The *I Ching*

















The Great Wheel of Change

- Considered the oldest of the Chinese classics; the earliest version dates to 4th century BC.
- Originally used for divination and fortune telling, but later reinterpreted as a system of *cosmology* and *philosophy*.
- Centered on the ideas of *the dynamic balance of opposites, the evolution of events as a process, and acceptance of the inevitability of change.*
- 64 chapters (Hexagrams) define key *patterns of change*; "are instrument by which the meaning of sixty-four different yet typical situations can be determined."
(C.G. Jung)



Basic Organisation of the *I Ching*

Upper Trigram

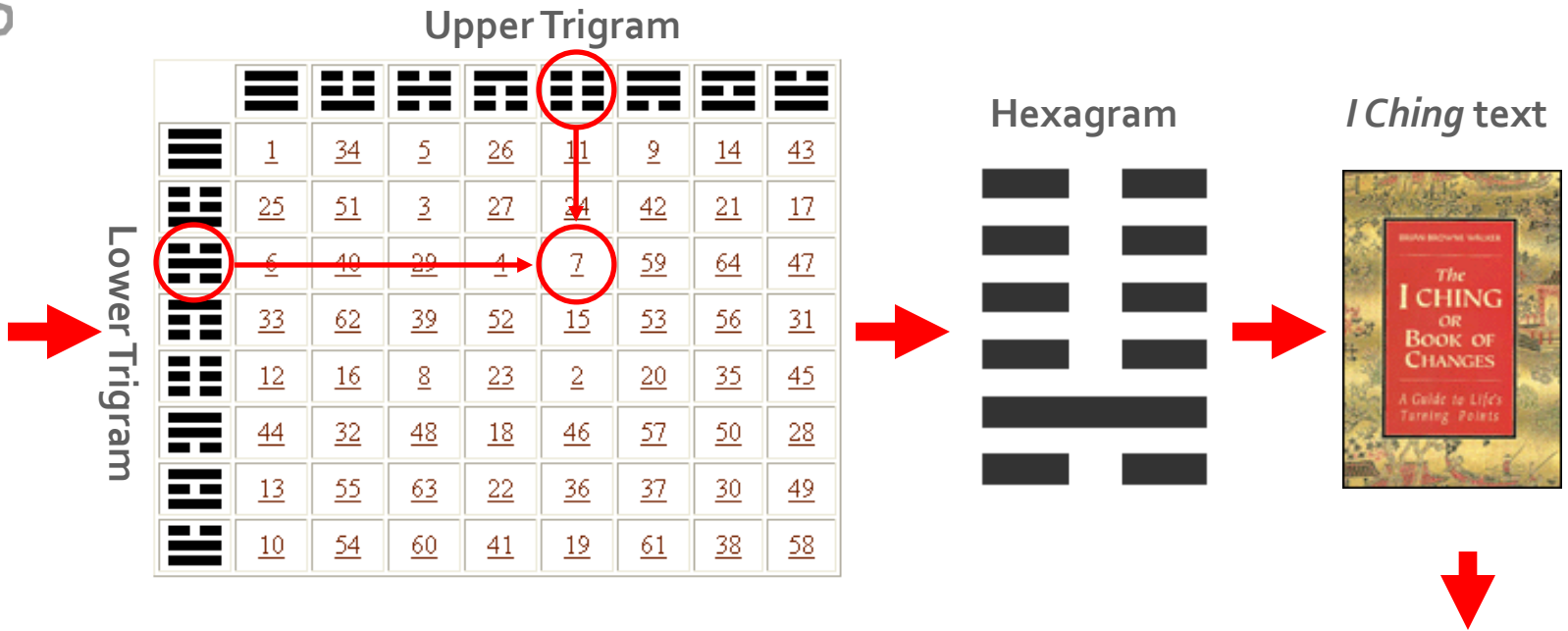
								
	1	34	5	26	11	9	14	43
	25	51	3	27	24	42	21	17
	6	40	29	4	7	59	64	47
	33	62	39	52	15	53	56	31
	12	16	8	23	2	20	35	45
	44	32	48	18	46	57	50	28
	13	55	63	22	36	37	30	49
	10	54	60	41	19	61	38	58

Hexagram



- Assumes existence of the finite number of *patterns of change* (64 patterns had been documented based the empirical observations of nature)
- Each *pattern of change* has a unique:
 - Number (1-64)
 - Name
 - Description
 - Story / instructions
 - Drivers of change
- Each *pattern of change* describes the quality of the moment and provide a blueprint for how it is likely to develop in the near future.

Navigating Change and Uncertainty with the *I Ching*, *Book of Changes*

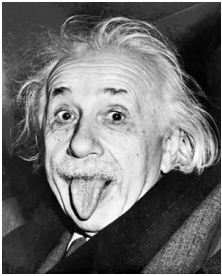


#7 – THE ARMY

In times of war it is desirable to be led by a cautious and humane general.

- You are advised to prepare for a trial now; your success will be determined by your conduct
- Proper conduct in the times of adversity should be based on the example of a first-rate army
- General wins lasting power and loyalty via superior action and fair treatment of his soldiers

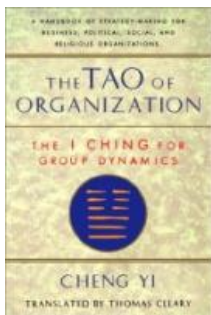
The Modern Views



- "The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift. "
(Albert Einstein)



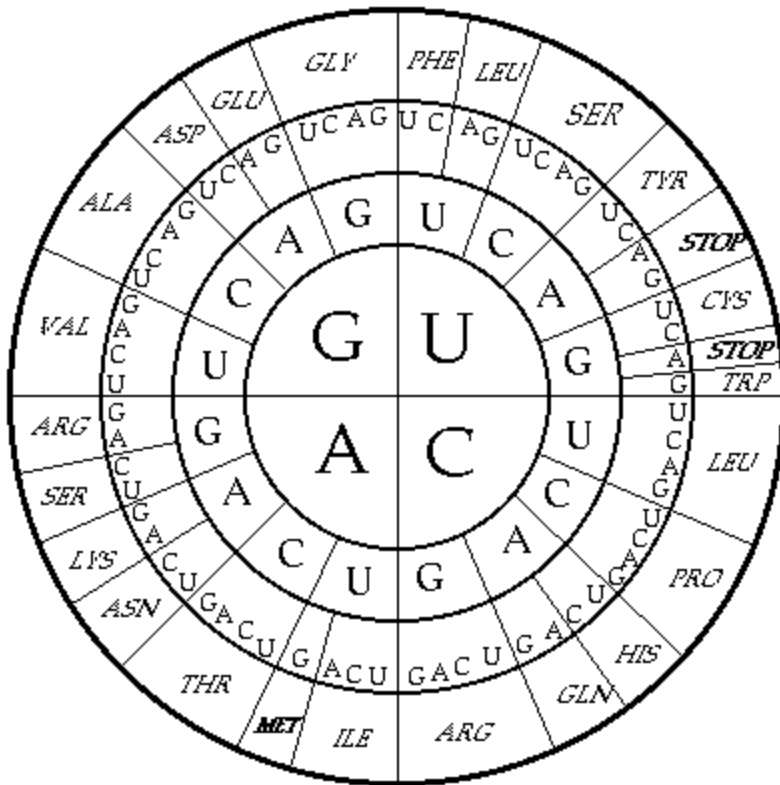
- "[I Ching] is the intuitive technique for grasping the total situation which is so characteristic of ancient China. Unlike Greek-trained Western mind, the Chinese mind does not aim at grasping details for their own sake, but at a view which sees the detail as part of a whole" (From *Synchronicity*, by C.G. Jung)



- "Analysis and projection are fundamental elements of rational "divination", much as is done in the markets, whether for the sake of an orderly market or for the sake of personal advantage. *The I Ching* includes an extra element, one that is often the deciding factor. This is the element of the possibilities and practicalities of human development. " (From *The Tao of Organization. The I Ching for Group Dynamics*, by Thomas Cleary)

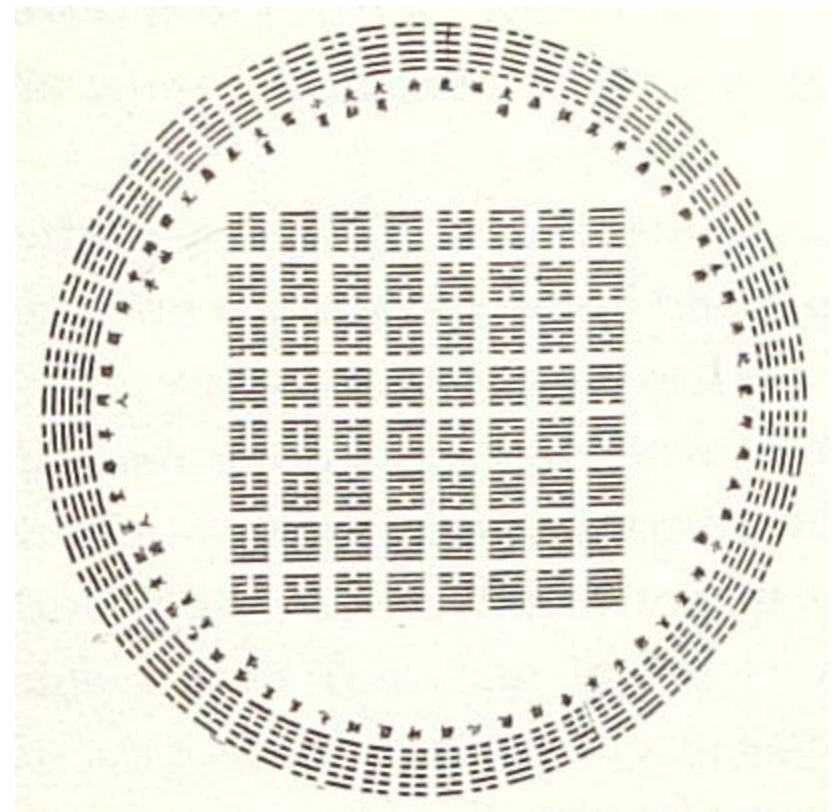
The *I Ching* and the Genetic Code

64 Rules of Genetic Code



The genetic code is the set of rules by which information encoded in genetic material (DNA or mRNA sequences) is translated into proteins (amino acid sequences) by living cells.

64 *I Ching* Hexagrams



64 chapters (Hexagrams) define key patterns of change; "are instrument by which the meaning of sixty-four different yet typical situations can be determined." (C.G. Jung)

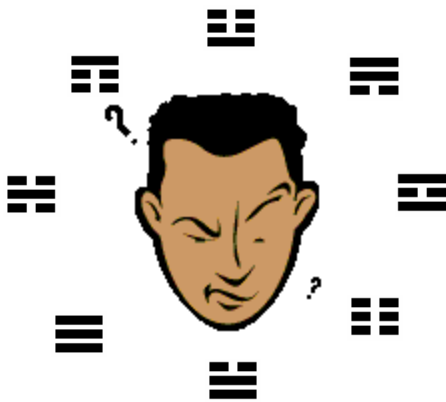
Consulting the *I Ching*

Consulting the *I Ching*



- Two commonly used approaches to consulting the *I Ching* (does not include time-space system):

- **Chance methods** – identifying a hexagram via the use of coins, colored bids, yard sticks or at random.



- **Deliberate methods** – constructing a hexagram by selecting trigrams or individual lives via the process of intuitive contemplation .

SpiritEye / Ching Consultation Tool

HOME | LECTURES | CHING VIDEO | ABOUT

SpiritEye
Reflections from Life's Journey

"The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift."
- Albert Einstein

ABOUT THE / CHING

The Great Way

1) Ching is the intuitive technique for grasping the total situation which is as characteristic of China. 2) To use the Ching-based Wisdom mind, the Chinese mind does not aim at grasping details for their own sake, but at a view which sees the details as part of a whole. 3) The Ching, which we can call the experiential foundation of Chinese philosophy, is one of the oldest known methods for grasping a situation as a whole and thus placing the details against a cosmic background—the margin of life and being.
- Carl Jung, *Synchronicity: An Acausal Connecting Principle*

Over the millennia, the ancient Chinese had observed and documented a wide number of recurrent patterns of change in what is now known as the Book of Changes, or the I Ching. The I Ching, or Book of Changes, is considered the oldest of the Chinese classics and throughout history, has been referred to as a book of fundamental principles and wisdom by philosophers, politicians, emperors, mystics, and more recently by scientists, mathematicians and businessmen.

The book consists of 64 chapters, which serve as a catalog of recurrent life patterns and their interrelationships. Because it is a structure of structures, the design of the I Ching can generate analytic systems of polarity, which connect and relate, and can be applied to any conceivable realm or situation.

APPLICATIONS

STIMULATING INTUITION AND CREATIVITY IN BUSINESS ANALYSIS AND DECISION MAKING

Formal methods of business analysis and decision making are heavily analytical in nature, while approaches based on personal intuition and creativity are often ignored.

Yet, research indicates that employees with a dominant analytical side are more likely to end up in staff positions, while intuitive and creative thinkers generally rise to managerial and executive roles. Not only does intuition matter, it may be one of the key ingredients for success.

Empirical studies had demonstrated that the time-tested method of "grasping the total situation" based on the I Ching can be very effective in stimulating intuition and creativity by helping illuminate the intuitive and often invisible factors in business analysis and decision making processes.

Business professionals can experience the following benefits when using the Book of Changes:

- Integrate the intuitive mind to grasp situation as a whole - a prerequisite of effective leadership
- Account for the effect of the human element - often a decisive factor in any undertaking
- Develop win-win strategies - arguably more sustainable in the long term.

NAVIGATING CHANGE AND UNCERTAINTY IN DAILY LIFE

Change and the uncertainty about what it brings have been unavoidable aspects of life since the beginning of time. Despite modern advances in technology, the ability to navigate change and deal with uncertainty in both professional and personal lives remains as much an art as it is a science.

The time-tested method of assimilation and perception of reality based on the I Ching can be very effective in helping us navigate change and uncertainty in both personal and professional lives. In fact, the traditional applications of the I Ching have always been focused on helping people solve life problems, particularly the ones charged with emotions, and these traditional solutions and knowledge had faded.

The I Ching can be particularly useful in the situations, when a person is gripped by something beyond the normal arena of the which in turn produce strong emotions such as resistance, reluctance, anxiety, stress, the sense of something hidden or confusing, the sense of an important opportunity, the need to connect to one's inner self and spirit etc.

Such situations indicate a need to see behind or see through the situation and the I Ching can provide such deeper perspective grounded in the fundamental principles.

The ultimate decision and responsibility, nevertheless, always remain in the hands of the inquirer.

Navigating Change and Uncertainty Workshop Video

Clip 1 of 5 Clip 2 of 5 Clip 3 of 5 Clip 4 of 5 Clip 5 of 5

The SPIRIT EYE FRAMEWORK FOR / CHING CONSULTATIONS

Click the link below to download the Excel-based / Ching Framework (under development).

The SpiritEye / Ching Framework



Microsoft Excel based micro-enabled file with the following consultation templates:

- CONSULTATION TEMPLATE-BASIC
- CONSULTATION TEMPLATE-RANDOM
- CONSULTATION TEMPLATE-HEXAGRAM
- CONSULTATION TEMPLATE-TRIGRAM
- CONSULTATION TEMPLATE-LINE

Home Insert Page Layout Formulas Data Review View Developer

B39

THE CHING FRAMEWORK - RANDOM GENERATION OF A HEXAGRAM

ENTER CASE NAME (OR ANY OTHER LABEL TO DESCRIBE THIS CONSULTATION) HERE

STEP 1 - DEFINE THE PROBLEM

1. Problem background information

2. Outline the problem or issue

3. State objectives and desired outcome

STEP 2 - CONSTRUCT HEXAGRAMS Press CTRL+SHIFT+R to generate a random hexagram

SUCCESS	RISK	STABILITY	FORCE	FREE WILL	PEOPLE	PEACE	RELATIONSHIPS
<input type="radio"/> HESITANT	<input type="radio"/> HESITANT	<input type="radio"/> IMPASSIBLE	<input type="radio"/> IMPASSIBLE	<input type="radio"/> HESITANT	<input type="radio"/> HESITANT	<input type="radio"/> HESITANT	<input type="radio"/> HESITANT
<input type="radio"/> CONFIDENT	<input type="radio"/> CONFIDENT	<input type="radio"/> EASY	<input type="radio"/> ANGRY	<input type="radio"/> HESITANT	<input type="radio"/> HESITANT	<input type="radio"/> ANGRY	<input type="radio"/> IMPASSIBLE
<input type="radio"/> AHEAD	<input type="radio"/> UNCONFIDENT	<input type="radio"/> HESITANT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> HESITANT	<input type="radio"/> HESITANT	<input type="radio"/> ANGRY	<input type="radio"/> HESITANT
<input type="radio"/> STIMULATED	<input type="radio"/> UNCONFIDENT	<input type="radio"/> DECREASE	<input checked="" type="radio"/> ANGRY	<input type="radio"/> HESITANT	<input type="radio"/> HESITANT	<input type="radio"/> ANGRY	<input type="radio"/> UNCONFIDENT
<input type="radio"/> CONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> HESITANT	<input type="radio"/> HESITANT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT
<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT
<input type="radio"/> PROGRESS	<input type="radio"/> HESITANT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT
<input type="radio"/> PROGRESS	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT	<input type="radio"/> UNCONFIDENT

32 - DURATION
Remain steady and allow the world to shape itself.

- It is likely that change has occurred or is about to your task is to hold your original course
- Do not judge in judgment, impatience, or ambitions now, rather, focus on what is in front of you

STEP 3 - GENERATE AND VALIDATE IDEAS AND SOLUTIONS

Line 6

Line 5

Line 4

Line 3

CONSULTATION TEMPLATE-BASIC CONSULTATION TEMPLATE-RANDOM CONSULTATION TEMPLATE-HEXAGRAM

SpiritEyeSM

www.SpiritEye.Com

Consulting the *I Ching*: Chance Methods

Chance Methods: Random Selection



Role of *Chance*

- Western science is based on the principle of *causality*, leaving *chance* out as an exception, a statistical outlier
- If we leave things to nature, we see a different picture: every process is partially or totally interfered with by chance

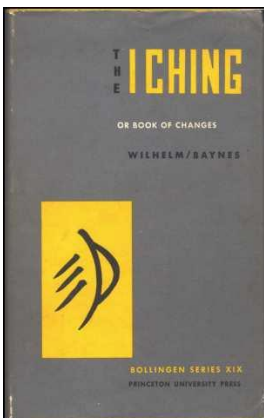
Synchronicity, an Acausal Connecting Principle

- Both ancient Chinese and modern physicists adapt the psychophysical model of the world
- *Causality* describes the sequences of events
- *Synchronicity* deals with the coincidence of events

I Ching hexagram as a snapshot of reality


- The *I Ching* hexagram, cast at random, reflects key qualities of the moment via synchronicity between relevant events.
- The snapshot is assumed to represent a legible and understandable picture of the present, from which past and future can be inferred.

(based on C.G. Jung foreword to Wilhelm/Baynes edition of the *I Ching*).



Chance Methods: Random Hexagram Selection

THE I CHING FRAMEWORK - RANDOM GENERATION OF A HEXAGRAM © SpiritEye | Misha Goussev


ENTER CASE NAME (OR ANY OTHER LABEL TO DESCRIBE THIS CONSULTATION) HERE 

STEP 1 DEFINE THE PROBLEM

- Obtain background information
- Outline the problem or issue
- State objectives and desired outcome
- List key players and stakeholders

STEP 2 CONSTRUCT HEXAGRAM(S) Press CTRL+SHIFT+R to generate a random hexagram

SUCCESS	RISK	STABILITY	FORCE	FREE WILL	PEOPLE	PEACE	RELATIONSHIPS
<input type="radio"/> THE CREATIVE	<input type="radio"/> THE ABYSMAL	<input type="radio"/> KEEPING STILL	<input type="radio"/> THE AROUSING	<input type="radio"/> THE GENTLE	<input type="radio"/> THE OLINGINGLY	<input type="radio"/> THE RECEPTIVE	<input type="radio"/> THE JOYOUS
<input type="radio"/> COMING TO HEED	<input type="radio"/> LIMITATION	<input type="radio"/> GRACE	<input type="radio"/> ENTHUSIASM	<input type="radio"/> THE TAPPING	<input type="radio"/> THE WANDERING	<input type="radio"/> RETURN	<input type="radio"/> OPPRESSION
<input type="radio"/> RETREAT	<input type="radio"/> DIFFICULTY	<input type="radio"/> THE TAPPING	<input type="radio"/> DELIVERANCE	<input type="radio"/> THE FAMILY	<input type="radio"/> THE CALDRON	<input type="radio"/> APPROACH	<input type="radio"/> GATHERING TOGETHER
<input type="radio"/> STANDSTILL	<input type="radio"/> AFTER COMPLETION	<input type="radio"/> DECREASE	<input type="radio"/> DURATION	<input type="radio"/> INCREASE	<input type="radio"/> BEFORE COMPLETION	<input type="radio"/> PEACE	<input type="radio"/> INFLUENCE
<input type="radio"/> CONTEMPLATION	<input type="radio"/> REVOLUTION	<input type="radio"/> OPPOSITION	<input type="radio"/> PUSHING UPWARD	<input type="radio"/> INNOCENCE	<input type="radio"/> YOUTHFUL	<input type="radio"/> THE POWER OF THE	<input type="radio"/> OBSTRUCTION
<input type="radio"/> SPLITTING APART	<input type="radio"/> ABUNDANCE	<input type="radio"/> THEADING	<input type="radio"/> THE WELL	<input type="radio"/> BITING THROUGH	<input type="radio"/> DISPERSION	<input type="radio"/> BREAKTHROUGH	<input type="radio"/> MODESTY
<input type="radio"/> PROGRESS	<input type="radio"/> THE ARMY	<input type="radio"/> INNER TRUTH	<input checked="" type="radio"/> PREPONDERANCE	<input type="radio"/> THE CORNER	<input type="radio"/> CONFLICT	<input type="radio"/> WAITING	<input type="radio"/> PREPONDERANCE
<input type="radio"/> POSSESSION	<input type="radio"/> DARKENING OF THE	<input type="radio"/> DEVELOPMENT	<input type="radio"/> FOLLOWING	<input type="radio"/> WORK ON WHAT	<input type="radio"/> FELLOWSHIP	<input type="radio"/> HOLDING TOGETHER	<input type="radio"/> THE MARRYING

 **28 - PREPONDERANCE OF THE GREAT**
There are great pressures at work. By meeting them with modesty and patience, you avoid misfortune and care.









- Image of a beam under a great load: it sags in the middle and is in danger of giving way
- Powerful energy has been accumulated — it is up to you how to direct its flow and outcome
- What is called for now is quiet integrity — taking great care, and being gentle, steady, and cheerful

STEP 3-4 GENERATE AND VALIDATE IDEAS AND SOLUTIONS

Line 6
Line 5
Line 4
Line 3
Line 2
Line 1

STEP 5 SUMMARIZE IDEAS AND SOLUTIONS

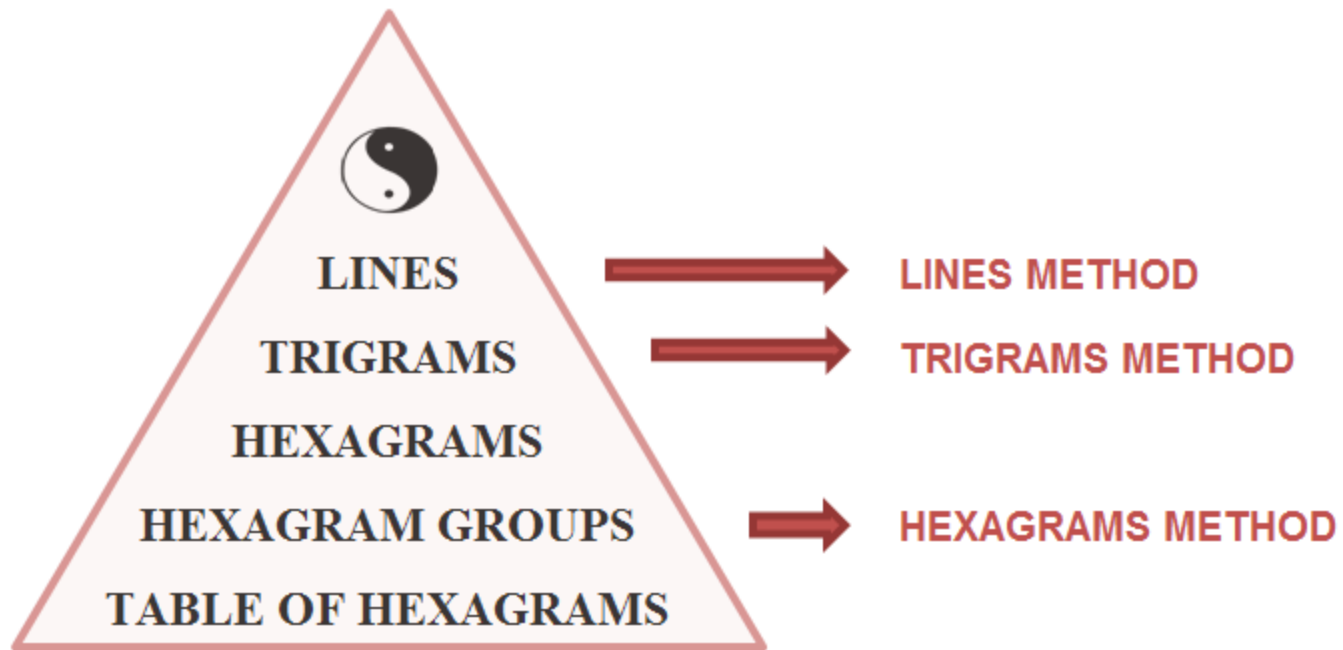
STEP 6 EXPLORE FUTURE SCENARIOS

							
51	42	21	24	17	25	3	27
52	57	50	46	28	44	48	38
53	37	30	38	45	13	63	22
54	18	20	35	2	45	12	8
55	24	61	38	13	58	10	60
56	24	9	14	11	43	1	5
57	10	55	64	7	47	6	29
58	32	53	56	15	31	33	39

- Go to www.SpiritEye.com site and click on the “I Ching” link at the top
- Click on “SpiritEye I Ching Framework” link to launch the Excel-based consultation template at the bottom of the page
- Enable macros in the Excel file when prompted
- Go to “CONSULTATION TEMPLATE-RANDOM” tab
- Generate random hexagrams by pressing **Ctrl+Shift+R** simultaneously
- Analyze the received hexagram in the context of your question / situation

Consulting the *I Ching*: Deliberate Methods

Deliberate Methods Based on the *I Ching* Organization



HIGH LEVEL ORGANIZATION OF *THE I CHING*

Deliberate Methods: Hexagram Groups

Group Name	Hexagram Name	Number
SUCCESS	THE CREATIVE	1
	COMING TO MEET	44
	RETREAT	33
	STANDSTILL (STAGNATION)	12
	CONTEMPLATION	20
	SPLITTING APART	23
	PROGRESS	35
	POSSESSION IN GREAT MEASURE	14
RISK	THE ABYSMAL (WATER)	29
	LIMITATION	60
	DIFFICULTY AT THE BEGINNING	3
	AFTER COMPLETION	63
	REVOLUTION	49
	ABUNDANCE (FULLNESS)	55
	THE ARMY	7
STABILITY	DARKENING OF THE LIGHT	36
	KEEPING STILL, MOUNTAIN	52
	GRACE	22
	THE TAMING POWER OF THE GREAT	26
	DECREASE	41
	OPPOSITION	38
	TREADING (CONDUCT)	10
FORCE	INNER TRUTH	61
	DEVELOPMENT (GRADUAL PROGRESS)	53
	THE AROUSING (SHOCK)	51
	ENTHUSIASM	16
	DELIVERANCE	40
	DURATION	32
	PUSHING UPWARD	46
THE WELL	48	
PREPONDERANCE OF THE GREAT	28	
FOLLOWING	17	

Group Name	Hexagram Name	Number
FREE WILL	THE GENTLE (THE PENETRATING, WIND)	57
	THE TAMING POWER OF THE SMALL	9
	THE FAMILY (THE CLAN)	37
	INCREASE	42
	INNOCENCE (THE UNEXPECTED)	25
	BITING THROUGH	21
	THE CORNERS OF THE MOUTH (PROVIDING NOURISHMENT)	27
	WORK ON WHAT HAS BEEN SPOILED (DECAY)	18
PEOPLE	THE CLINGING, FIRE	30
	THE WANDERER	56
	THE CALDRON	50
	BEFORE COMPLETION	64
	YOUTHFUL FOLLY	4
	DISPERSION (DISSOLUTION)	59
	CONFLICT	6
PEACE	FELLOWSHIP WITH OTHERS	13
	THE RECEPTIVE	2
	RETURN	24
	APPROACH	19
	PEACE	11
	THE POWER OF THE GREAT	34
	BREAKTHROUGH (RESOLUTENESS)	43
RELATIONSHIPS	WAITING (NOURISHMENT)	5
	HOLDING TOGETHER (UNION)	8
	THE JOYOUS, LAKE	58
	OPPRESSION (EXHAUSTION)	47
	GATHERING TOGETHER	45
	INFLUENCE (WOONG)	31
	OBSTRUCTION	39
MODESTY	15	
PREPONDERANCE OF THE SMALL	62	
THE MARRYING MAIDEN	54	

Deliberate Methods: Hexagram Groups

STEP 2 CONSTRUCT HEXAGRAM(S)

SUCCESS	RISK	STABILITY	FORCE	FREE WILL	PEOPLE	PEACE	RELATIONSHIPS
<input checked="" type="radio"/> THE CREATIVE	<input type="radio"/> THE ABYSMAL ('	<input type="radio"/> KEEPING STILL,	<input type="radio"/> THE AROUSING I	<input type="radio"/> THE GENTLE (TH	<input type="radio"/> THE CLINGING, F	<input type="radio"/> THE RECEPTIVE	<input type="radio"/> THE JOYOUS, LA
<input type="radio"/> COMING TO MEE'	<input type="radio"/> LIMITATION	<input type="radio"/> GRACE	<input type="radio"/> ENTHUSIASM	<input type="radio"/> THE TAMING PO'	<input type="radio"/> THE WANDERER	<input type="radio"/> RETURN	<input type="radio"/> OPPRESSION (E
<input type="radio"/> RETREAT	<input type="radio"/> DIFFICULTY AT T	<input type="radio"/> THE TAMING PO'	<input type="radio"/> DELIVERANCE	<input type="radio"/> THE FAMILY (THI	<input type="radio"/> THE CALDRON	<input type="radio"/> APPROACH	<input type="radio"/> GATHERING TOG
<input type="radio"/> STANDSTILL (S1	<input type="radio"/> AFTER COMPLE'	<input type="radio"/> DECREASE	<input type="radio"/> DURATION	<input type="radio"/> INCREASE	<input type="radio"/> BEFORE COMPL	<input type="radio"/> PEACE	<input type="radio"/> INFLUENCE (WO
<input type="radio"/> CONTEMPLATIO	<input type="radio"/> REVOLUTION	<input type="radio"/> OPPOSITION	<input type="radio"/> PUSHING UPWA	<input type="radio"/> INNOCENCE (TH	<input type="radio"/> YOUTHFUL FOLL	<input type="radio"/> THE POWER OF T	<input type="radio"/> OBSTRUCTION
<input type="radio"/> SPLITTING APAP	<input type="radio"/> ABUNDANCE (F)	<input type="radio"/> TREADING (CON	<input type="radio"/> THE WELL	<input type="radio"/> BITING THROUG	<input type="radio"/> DISPERSION (DI	<input type="radio"/> BREAKTHROUG	<input type="radio"/> MODESTY
<input type="radio"/> PROGRESS	<input type="radio"/> THE ARMY	<input type="radio"/> INNER TRUTH	<input type="radio"/> PREPONDERAN	<input type="radio"/> THE CORNERS O	<input type="radio"/> CONFLICT	<input type="radio"/> WAITING (HOUR	<input type="radio"/> PREPONDERAN
<input checked="" type="radio"/> POSSESSION IN	<input type="radio"/> DARKENING OF '	<input type="radio"/> DEVELOPMENT (<input type="radio"/> FOLLOWING	<input type="radio"/> WORK ON WHAT	<input type="radio"/> FELLOWSHIP WI	<input type="radio"/> HOLDING TOGET	<input type="radio"/> THE MARRYING I











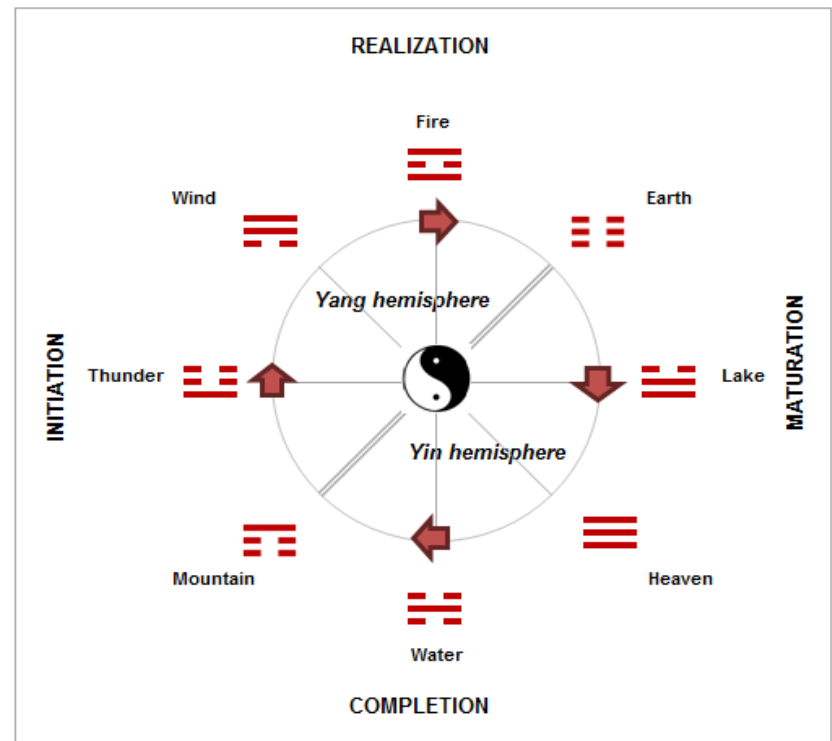
14 - POSSESSION IN GREAT MEASURE

Those who are steadfastly balanced, humble, and in harmony with the Sage inherit everything under the sun.

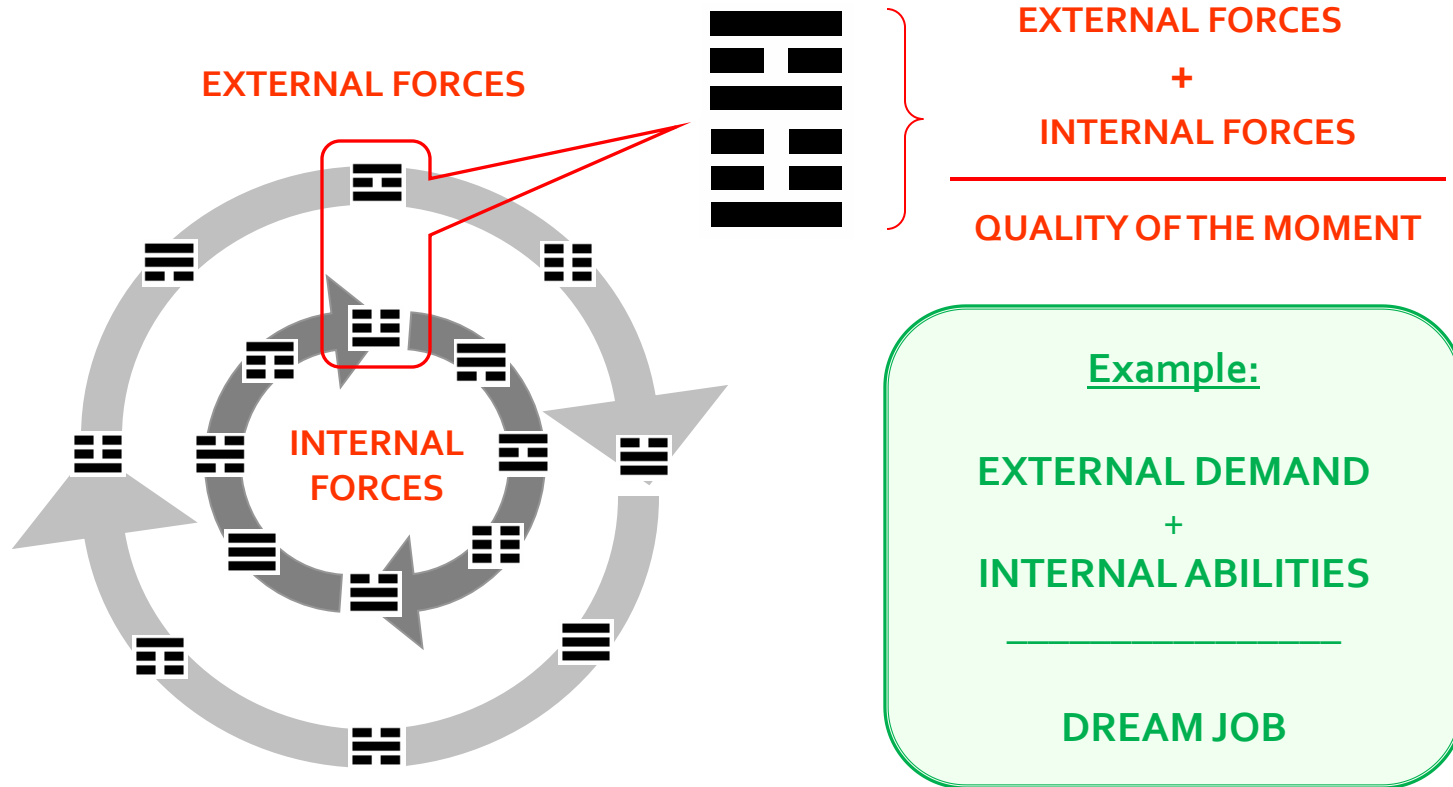
- You've reached a time of great personal power and clarity by purifying your thoughts and actions
- Far-reaching influence is possible, with your shining upon others as the sun shines upon everything on earth
- Having attained such a high position, you are wise to remain modest and generous towards others

Deliberate Methods: Trigrams

TRIGRAMS				
TRIGRAM	SYMBOL	KEY QUALITIES	ACTION	PHASE
	THUNDER	Movement Activity	Stirring-up Arousing	INITIATION
	WIND	Initiation Obedience	Entering Penetrating	
	FIRE	Intelligence Understanding	Congregating Clinging	REALIZATION
	EARTH	Receptivity Harmony Accord	Responding Yielding	
	LAKE	Joy Enjoyment	Stimulating	MATURATION
	HEAVEN	Productive Energy	Persisting	
	WATER	Cautious Danger Desire	Venturing, Falling	COMPLETION
	MOUNTAIN	Stillness	Stopping, Grounding	



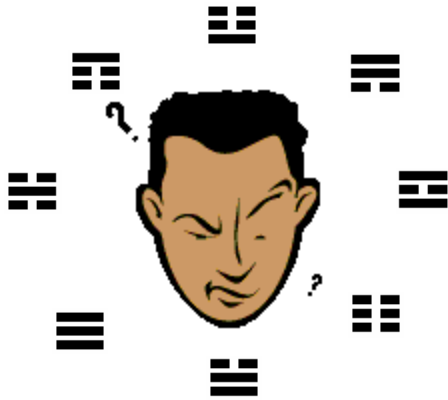
Deliberate Methods: Trigram Dynamics



Change is a product of *external* and *internal* circumstances

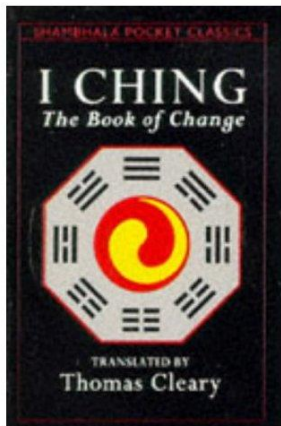
- If external circumstances can not be changed, adjust internal attitude.
- If internal conflict can not be resolved, change external environment.

Deliberate Methods: Trigram Selection



Examples of trigram selection for the Deliberate methods

- A relationship between someone who is very intelligent and someone who is very adaptable might be represented by a combination of fire and wind. Fire over wind yields hexagram number 50, THE CAULDRON. Wind over fire yields number 37, THE FAMILY (CLAN).
- A situation in which one faction is eager to move ahead in an undertaking while another faction is hesitant and inhibited might be represented by a combination of thunder and mountain. Thunder over mountain yields number 62, PREPONDERANCE OF THE SMALL. Mountain over thunder yields number 37, NOURISHMENT.
- If you tend to be lighthearted but are in perilous circumstances, this might be represented by a combination of lake and water. Lake over water yields number 47, OPPRESSION(EXHAUSTION). Water over lake yields number 60, LIMITATION.




(From Shambhala Pocket Classics translation of the *I Ching* by Thomas Cleary.).

Deliberate Methods: Trigrams

STEP 2 CONSTRUCT HEXAGRAM(S)

External Environment		☰	☱	☲	☷	☵	☶	☳	
Describe external environment									
Describe external environment									
Describe external environment									
		Thunder	Wind	Fire	Earth	Lake	Heaven	Water	Mountain

Internal Environment		☰	☱	☲	☷	☵	☶	☳	
Describe internal environment									
Describe external environment									
Describe external environment									
		Thunder	Wind	Fire	Earth	Lake	Heaven	Water	Mountain



57 - THE GENTLE (THE PENETRATING, WIND)
Consistent corrections turns every situation to your advantage.

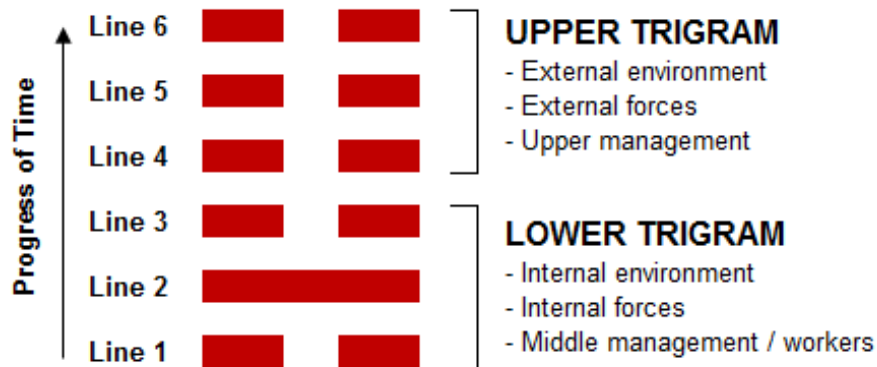
- The image of a gentle wind blowing in the same direction and dispersing storm clouds
- Enduring accomplishments are often achieved through gentle — but consistent — penetration
- Establish a clear goal, and apply a principle of gentle penetration; with others, bend like a willow

Deliberate Methods: Lines

Anatomy of a line: four possible states




Anatomy of a hexagram: lines representing the hierarchy of power



Deliberate Methods: Lines

STEP 2 CONSTRUCT HEXAGRAM(S)

EXTERNAL FORCES		QUALITY OF EXTERNAL FORCES			
Line 6 Type Force 6 here					
Line 5 Type Force 5 here					
Line 4 Type Force 4 here					
INTERNAL FORCES		QUALITY OF INTERNAL FORCES			
Line 3 Type Force 3 here					
Line 2 Type Force 2 here					
Line 1 Type Force 1 here					

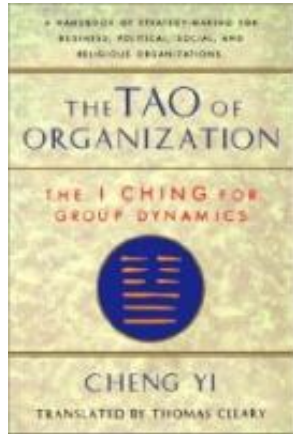


1 - THE CREATIVE
If you are alert to the Creative, you will meet with good fortune now.

- The fundamental creative power of the universe is available now — profound progress is possible
- Frantic activity is not in order — focus on fundamentals and exercise your superior qualities
- To receive guidance from the Sage, at this point alertness and receptiveness are paramount

Appendix

Chance vs. Deliberate Methods



There are many methods for consulting the *I Ching* and interpreting its advice. “According to Liu Shiyi, the many methods of finding hexagrams in the *I Ching* for consultation all fall within two basic categories, the *chance* and the *deliberate*. In private circles much has been said by way of comparison between the results of these two fundamental approaches to use of the *I Ching*.”

These discussions can be generalized in terms of various relationships between subconscious and conscious perceptions and different methods of stimulating exchange between the subconscious and conscious minds, but all agree that whatever method is used, ultimately much of the quality of a reading will depend on the sensitivity and skill of the reader”

(From *The Tao of Organization* by Cheng Yi, translated by Thomas Cleary).

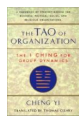
Selected Reference Materials on the *I Ching*



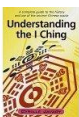
The I Ching or Book of Changes by Wilhelm / Baynes



The Tao of Organization: The I Ching for Group Dynamics by Thomas Cleary



The I Ching or Book of Changes. A Guide to Life's Turning Points by Brian Browne Walker



Understanding the I Ching by Cyrille Javary



Synchronicity. An Acausal Connecting Principle. by C.G. Jung



I Ching. The Book of Changes by Thomas Cleary



Confessions of a Taoist on Wall Street by David Payne